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## Orange County Gets Into the Game

Sports fans cheer for Orange County's array of [winning sports action](#) and recreational activities, from premier golf courses and professional sports events to oceanfront recreation and miles of scenic nature trails. After all the activity, visitors can relax and enjoy more than a dozen world-class spa facilities.

### Professional Sports

From April through October, the 45,050-seat Angel Stadium of Anaheim is home to Major League Baseball's Angels. Facing off at the 19,200-seat Honda Center, the National Hockey League Anaheim Ducks take flight from October through April. One of Orange County's newest home teams, the Olympic Gold Medal USA Men's National Volleyball Team is based in Anaheim at the world-class American Sports Centers, the largest indoor tournament and practice court facility in the United States. The NBA Development League expanded to Anaheim with the Anaheim Arsenal based at the Arena at the Anaheim Convention Center with a season that lasts through April 11.

### Golf

World-famous golf champion, Tiger Woods, perfected his swing while growing up in Orange County, and today, the area boasts more than 40 championship courses and is recognized as "[California's Golf Coast](#)." Visitors can enjoy putting for par at one of the serene coastal links or taking a swing in the rolling foothills of inland OC. The closest course to The Anaheim Resort™ is the versatile Anaheim Dad Miller Golf Course. Dana Point's Monarch Beach Golf Links, is an oceanfront course with sweeping views of the South Orange County coastline. Recognized by *Golf Digest* as one of the best "Places to Play" with a four-star rating, Tustin Ranch Golf Club offers a classic, Ted Robinson-designed course and a top-notch PGA golf school. Perched high above the Pacific Ocean on the Newport Coast, stands the Pelican Hill Golf Club, one of the

country's preeminent golf destinations. Black Gold Golf Club is a beautiful course in the hills of inland OC defined by its natural surroundings.

### **Coastal Recreation**

Orange County's 42 miles of coastline provide endless options for [beach recreation](#), from biking the boardwalk and playing beach volleyball to riding the waves and kayaking in Newport's Back Bay, or simply soaking up the sun on the sand. Orange County's harbors provide access to ocean excursions, such as private boat charters, deep-sea fishing, whale-watching, dinner-cruises and overnight or day trips to Catalina Island from Balboa Pavilion in Newport Beach or Dana Point Harbor.

### **Nature Reserves & Parks**

Orange County boasts 37,000 acres of parkland and open space, including state parks/beaches, regional and wilderness parks, nature preserves, and 357 miles of recreational trails. The Bolsa Chica Ecological Reserve is a 300-acre coastal wetlands sanctuary, and the Upper Newport Bay Nature Preserve hosts up to 35,000 birds during winter migration. Crystal Cove State Park features 3.5 miles of coastline and acres of undeveloped woodland. OC's largest park is Caspers Wilderness Park in San Juan Capistrano with its 30 miles of wilderness trails.

### **Friendly Competition**

Visitors can experience the thrill of real high-flying, air combat adventure with A-1 Biplane, Air Combat & Warbird Adventures or Air Combat USA. Slightly less daring, groups can compete at Flightdeck Air Combat Center, an authentic jet fighter cockpit simulator. For speed racers, K1 Speed is the largest indoor kart racing facility on the West Coast, featuring high-speed, wheel-to-wheel, competition. Orange County also hosts the OC Marathon during January in Irvine and the Pacific Shoreline Marathon during February in Huntington Beach. Orange County also hosts the Disneyland Half marathon during September in Anaheim.

### **Spas**

The Orange County area has an [array of luxurious spas](#) located in hotels and stand-alone facilities, offering a diverse menu of services, including signature treatments unique to OC, such as the California Dream'n Facial or yoga on the beach.